

FIRST PRESBYTERIAN CHURCH OF DELHI, NY JANUARY – FEBRUARY 2023 COURIER

Special dates

- Worship with Communion, 10:30 am, Virtual and FPC Sanctuary, January 1, 2023
- Worship with Installation of Officers, 10:30 am, Virtual and FPC Sanctuary, January 8, 2023
- Annual Report Deadline, January 9, 2023
- Worship, 10:30 am, Virtual and FPC Sanctuary, January 15, 2023
- Office Closed in observance of Martin Luther King, Jr. Day, January 16, 2023
- Worship, 10:30 am, Virtual and FPC Sanctuary, January 22, 2023
- Annual Congregational Meeting, 11:30 am, Virtual and FPC Sanctuary, January 22, 2023
- Worship and Bountiful Giving Sunday, 10:30 am, Virtual and FPC Sanctuary, January 29, 2023
- Worship with Communion, 10:30 am, Virtual and FPC Sanctuary, February 5, 2023
- Worship, 10:30 am, Virtual and FPC Sanctuary, February 12, 2023
- Worship, 10:30 am, Virtual and FPC Sanctuary, February 19, 2023
- Office Closed in observance of Presidents' Day, February 20, 2023
- Newsletter Deadline, February 21, 2023
- Ash Wednesday, February 22, 2023
- Worship and Bountiful Giving Sunday, Virtual and FPC Sanctuary, February 26, 2023
- Worship with Communion, 10:30 am, Virtual and FPC Sanctuary, March 5, 2023
- Daylight Savings Time Starts, March 12, 2023



First Presbyterian Church 4 Clinton Street, Delhi, NY 13753

Phone: 607-746-2155

E-Mail: office@fpcdelhi.org Website: www.fpcdelhi.org



Officers and Boards 2023

SESSION – next meetings Jan 9, Feb 6 and Mar 6 at 5:30 pm						
2023	Edward Furgol, 184 Rider Hill Road, Delhi NY 13753	746-7476				
	Renee Maxwell, 9 Delview Terrace, Delhi, NY 13753	746-6128				
	Barbara Thompson, 517 Olin Evans Rd, Franklin, NY 13775	829-6005				
	Joe Weaver, 4 Park Place, Delhi, NY 13753	746-6173				
2024	Nancy Lee, 2 Cross Street, Delhi, NY 13753	267-8485				
	Barb Leo, 200 Spencer Heights, Delhi, NY 13753	746-8265				
	Tammi Tully, 125 Delaware Ave, Delhi, NY 13753	376-1119				

DEACONS – next meetings Feb 5 and Mar 5 at 9:30 am						
2023	Karen LaFever, 74 Meredith Street, Delhi, NY 13753 746-6339					
2024	Kathy Martin, 5872 County Highway 18, Bloomville, NY 13739 538-9082					
2025	Betty Bell, 51 Hamden Hill Road, Delhi, NY 13753	746-2035				
	Linda Dewitt, 48734 St Hwy 10, Delhi, NY 13753	746-3590				
	Leslie McKeegan, 47900 State Highway 10, Delhi, NY 13753	437-7890				
	Toni Weaver, 4 Park Place, Delhi, NY 13753	746-6173				

TRUS	TRUSTEES – next meetings Jan 18 and Feb 15 at 6:30 pm						
2023	Joe Cantwell, 13491 State Highway 28, Delhi, NY 13753	746-3611					
	Ed Goff, 485 Dunham Road, Delhi, NY 13753	746-8709					
	Tom Little, 1618 Arbuckle Hollow, Delancey, NY 13752	746-2536					
2024	Harry Bell, 51 Hamden Hill Road, Delhi, NY 13753	746-2035					
	Alex Cantwell, 19 Orchard St, Delhi, NY 13753	434-6081					
	Art Maxwell, 9 Delview Terrace, Delhi, NY 13753	746-6128					
2025	Cullen LaFever, 74 Meredith Street, Delhi, NY 13753	746-6339					
	Kevin Lee, 2 Cross Street, Delhi, NY 13753	267-8485					
	Tom Leo, 200 Spencer Heights, Delhi, NY 13753	746-8265					

TREASURER	George Thompson, 517 Olin Evans Rd, Franklin, NY 13775	829-6005
FINANCIAL SECRETARY	Gia Cantwell, 13491 State Highway 28, Delhi, NY 13753	746-3611
CLERK OF SESSION	Edward Furgol, 184 Rider Hill Road, Delhi NY 13753	746-7476



The Deacons of FPC would like to thank members of the congregation and other family/friends for helping our mission of the Angel and Mitten Trees be such a success. With your participation we were able to provide local children with gifts for Christmas through the Delhi Children's Christmas Fund. **THANK YOU!**

The Deacons also appreciated the donation of poinsettias from purchasers who did not wish to take their poinsettias home. These were all delivered to very happy and appreciative church members and friends of the church to brighten up their holidays. **THANK YOU!**

Sadly, we say "goodbye" to Deacons George and Barbara Thompson and Vicki Noble and happily welcome new members Linda DeWitt and Toni Weaver along with returning members Leslie McKeegan and Betty Bell. (Betty just can't stay away from the love of being a Deacon.) Kathy Martin and Karen LaFever complete this membership list.

We all want to wish everyone a Happy and Healthy New Year. 2022 continued with COVID and strains of COVID and we can only hope that 2023 will bring us a brighter future. Please stay safe!

- Submitted by Vicki Noble



Mission Stocking Notes

2023 Mission Stockings are now available in baskets

throughout the church. Pick your favorite one out today and start filling it according to the instructions with the stocking. If you are unable to make it to church to pick up a stocking, please let the church office know and one will be mailed to you upon request. Please return any unused stockings to any mission stocking basket throughout the church or drop off at the church office. If you have any questions, please see Darcy in the church office.

Spare Change!

The "Mile of Pennies" jar needs your help! Please gather up all the scattered and assorted coins that are cluttering up your dressers or tables and bring them in to the "Mile of Pennies" jar outside the office. Every donation is helpful large or small! The money collected from this jar goes toward the "Fellowship of the Least Coin" supporting our mission giving with our brothers and sisters around the globe.

Mission

Church World Service

In February we will again be supporting the Church World Service Tools and Blankets mission. Our contributions provide warmth, comfort and hope to neighbors near and far, including refugees, migrant families and those who are struggling in the face of extreme circumstances. Because of our support to this mission, CWS is able to respond when disasters occur. Look for more information in the Church Life as we move into February.

"Love never fails." 1 Corinthians 13:8

When difficult times happen, a kind and loving response can make all the difference. That's why the CWS Blankets program was created—to give a kind, loving and tangible response to someone facing a difficult time, reminding them that they are not alone.

Through the generosity of CWS partner organizations, congregations and individual supporters, our most vulnerable neighbors around the world can feel safe and keep warm with fresh linens and clean sleeping quarters.

When our neighbors are in need, even \$10 for a single blanket goes a long way.



- Mission news submitted by Kathy Sullivan



The next Bountiful Giving Sundays are January 29 & February 26!

Christian Education

JANUARY - FEBRUARY 2023

We hope that you all enjoyed precious time with family and friends during our Winter break. We closed 2022 finishing our lessons regarding the Fruits of the Spirit, where they learned the virtues of Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, and Self-Control. This helped the children to realize why we share and participate in our church's Bountiful Giving Sundays.

On our last gathering for Sunday school we had a special guest join our class with a big surprise for the children. Miss Linda joined and taught us a new rainbow bell song. The class was so excited to learn that they (with a little help from some of our members and parents) would be ringing for our church!! They did a wonderful job and were rewarded with a round of applause with homemade cookies from Miss Linda. We hope to have her back to teach us more in the New Year.

We will start this New Year off with the story of Moses! With the Spirit of God, Moses did miraculous things that eventually guided him to free God's people from Egypt.

Stay tuned for a couple winter activity events for the children, our church families, and our community. How about a Movie Night or a Game Night? All suggestions and ideas are welcome.

We will continue our schedule to meet for classes every other Sunday. We invite all families with children from 2-12 years of age to join us at any time of the year. If you know a family interested in joining us and would like more information, please let me know. I would be happy to send them our Sunday school flyer or the latest newsletter.

We will continue to meet in the chapel of the church at 9:45am – 10:20am. 2023 Class schedule is as follows:

January - 15th & 29th
February & March - 12th & 26th

April - 9th & 23rd

May - 7th & 21st

June - 11th & 25th (Last Sunday school Class / Bountiful Giving Sunday)

(All dates are subject to change as necessary)

As always we'd like to thank all our church families for the continued support you give to the Christian Education program. Our small disciples are truly blessed with the loving care you give to them.

With Love & Peace to you all, Tammi Tully & Susie Little Christian Education Leaders

TRUSTEE HIGHLIGHTS FOR NOVEMBER AND DECEMBER 2022

- Furnaces in church and manse were serviced.
- Weather-stripping was done at Kirk and basement entrance doors.
- Sexton is sanitizing church regularly and when she is out trustees are taking care of it.
- Snow shoveling and sanding is being done by trustees and Cullen LaFever is plowing parking lot as Trustee. Thank you so much!
- Cemetery sign and mower were removed from cemetery for winter.
- Corrugated roof cover was added to side of elevator entrance above fence to help keep rain out of entrance.
- Leaf Filter installation of new filter system was done on gutters on CE building.

FPC Youth Group



Are you a youth between the ages of 12-18 who wants to grow their faith by having fun, traveling, and helping their community? Then check out our youth group program.

Contact Julia Ward (607) 353-5559 or Tammi Tully (607) 376-1119 to find out more!

Thank you to all who donate to the youth mission of our church by bringing in your bottles and cans. Your generous donations really do help make a difference! Please consider donating to this cause, by dropping off your bottles and cans in the donation box located in the lobby of the New Narthex.



DON'T FORGET!!

Returnable Bottle & Can Collection

benefits the Youth Mission Work

Donations of bottles and cans are still being accepted.

Contact Julia for details, 607-353-5559.

THANK YOU FOR YOUR SUPPORT IN OUR MISSION WORK!



COMMUNION IN WORSHIP JANUARY 1, 2023



FEBRUARY 5, 2023

Worship, participate, commune and open your eyes and your hearts to the living Christ in your life.

Addresses Needed for Those Away in College & Military

Please contact the church office by phone, email or post with our church family's students or military service personnel addresses for this year. Our caring congregation wishes to encourage those students and military who are part of our church family with cards and prayers and maybe even a care package at times! Help us help members of our church family who are students or in the military to stay connected to their church family.

Address & Email Corrections

If you move or change your email address, please contact the church office as soon as possible but at least within 30 days, with your new mailing or emailing information. Thank you for helping us maintain communication in a timely manner.



Saturday Yoga with Bonnie

9:15am to 10:30am - Mixed styles yoga. We will explore many styles of yoga including: Ashtanga, Yin yoga, Chair Yoga, Restorative Yoga, Gentle yoga. No walk in students please. Register at least a day ahead. Contact Bonnie at 607-282-6365. Suggested donation \$20 per class or \$80/5 classes.

DEVOTIONALS AVAILABLE

The Upper Room and Our Daily Bread devotionals are available in the new narthex and also outside the church office. If you wish to make a contribution to defray the cost, there is a wooden box on the table outside the office or contributions may be left in the office.

A CALL has been issued by the Session for the Annual Meeting of the Congregation, according to the terms of the church By-Laws, to be held immediately following worship on Sunday, January 22, 2023. The purpose of the meeting will be to review annual reports, receive the budget, and address any other business that may come properly before the Congregation. The 2022 Annual Reports will be available for review beginning Sunday, January 15.



Church Activities

WORSHIP FLOWERS

Jan 1 -

8 –

15 -

22 -

29 -

Feb 5 –

12 -

19 -

26 -



LITURGISTS

Jan 1 – George Thompson

8 - Kathy Martin

15 - Ed Furgol

22 - Tom Little

29 - Susie Little

Feb 5 -

12 -

19 -

26 -

OFFICE NOTES

If you have an item or announcement to be placed in the Church Life section of the bulletin, it must be in the office by 9:00 on Thursday morning.

The office will be closed on Monday, January 16th in observance of Martin Luther King Jr. Day and Monday, February 20th in observance of Presidents' Day.

Newsletter DEADLine

Newsletter articles are due in the office on Tuesday, February 21, 2023 in order to be placed in the March - April Courier. If you are able to turn items in earlier, it will certainly be appreciated.

LOOKING FOR WAYS TO SERVE?



2023 Flower sign-up is now on the bulletin board across from the office. If you would like to offer flowers for worship on a Sunday, please sign up on the poster or give the church office a call. Thank you for helping enhance our worship!

Anyone wishing to participate in the Worship Service as **Liturgist** should contact the church office.



OUR CHURCH FAMILY





Our deepest sympathy and prayers are with the following families:

Joan Maxwell, Jeff & Brenda Maxwell, Joe Maxwell, John Maxwell and Jack Maxwell on the passing of Janet Maxwell on November 17, 2022.

Katherine & John Pawlikowski on the passing of Katherine's mother Karen Johnson on November 17, 2022.

Gia & Joe Cantwell, Megan Cantwell, Erica Cantwell-Tucker, Kyle Cantwell and Alex Cantwell and their families on the passing of Gia's mother Gwen Pugh on November 28, 2022.

Carol Bovee on the passing of her husband Frank Bovee on December 12, 2022.

Cindy Mostert, Terry Mostert and their families on the passing of Gert Mostert on December 27, 2022.



Renee & Art Maxwell 503 20th Ave. N, #40C North Myrtle Beach, SC 29582 (Through March)



If you know of anyone who is in the hospital or in need of pastoral care, please call the church office. We would rather be notified ten times than not be aware of the needs of the church family!

Our prayers are with those who have recently had outpatient procedures, surgery, are facing major changes in their lives, been hospitalized or are facing difficult health concerns.

Marked by Love

Through the centuries [people] have displayed many different symbols to show that they are Christians. They have worn crosses in the lapels of their coats, hung chains about their necks, even had special haircuts. Of course, there is nothing intrinsically wrong with any of this, if one feels it is [one's] calling. But there is a much better sign, a universal mark that is to last through all the ages of the church until Jesus comes back. ...

Love — and the unity it attests to — is the mark Christ gave Christians to wear before the world. Only with this mark may the world know that Christians are indeed Christians and that Jesus was sent by the Father.

—Francis Schaeffer



New Arrivals!

Congratulations to Ryan & Val Sullivan on the birth of their daughter Ann Sullivan on November 7, 2022!

Ann is welcomed by grandparents Kathy & Kevin Sullivan, Uncle Pat & Aunt Sonia Sullivan, cousins Leona and Aila Jill Sullivan and big sister Kathryn Elizabeth Sullivan. Congratulations to Aubrynn & Tom Cobbe, who welcomed their daughter Ailish Elowynn Cobbe into the world on December 4, 2022!

Ailish Elowynn is welcomed by her grandparents John & Gwenn Nealis and Uncle Dylan Nealis.

Congratulations to Dr. J. Courtland & Sally Robinson who recently celebrated their 70th wedding anniversary!



We would like to take a moment to thank the officers that are going off the church's boards at this time for their service and dedication to our church - from the Session: Susie Little, Carolyn Massey and Kathy Sullivan – from the Board of Deacons: Barb & George Thompson and Vicki Noble – and from the Board of Trustees: Kathy Beveridge. Again, thank you for all you do in service to the Lord.

Apportionment



The **Per Capita amount for 2023** has been set at **\$43.95 per member.** Per Capita apportionment is based on church membership as of December 31, 2021. Our apportionment is based on 163 members giving a total of \$7,163.85. The money is paid by our church to cover our share of basic operation costs of our Presbytery, Synod, and General Assembly. <u>Each member</u> is invited to contribute \$43.95 to help pay this obligation.



Thank you again for your donation to the Delhi Food Bank. We are blessed to have you as a donor, and know that you all care as much as we do. Thank you again.

Sincerely, Marilyn Huneke



First Presbyterian Church Family,

Thank you so much for sending your Christmas wishes to me. Thank you for the gift card you sent as well! I hope everyone has a blessed Christmas and I hope to see everyone in church on Christmas Eve. Thank you again!

Tyler Gregory



First Presbyterian Church,

Thank you very much for the holiday card and the gift card! It is truly appreciated! I hope that you all have a very Merry Christmas and a Happy New Year!

From, Brandon Gregory



First Presbyterian Church,

Words cannot express how grateful we are for your generosity.

Thank you, First Presbyterian Church of Deposit



EDD Adaptive Sports would like to thank the First Presbyterian Church for opening its doors and allowing us to host a crafting event for area school students. A special thanks to the following people for helping the kids create their crafts: Betty Bell, Judy Bauer, Tom & Susie Little, Barb Thompson and Gavin O'Rourke-Soccorso.



I am convinced that love is the most durable power in the world. It is not an expression of impractical idealism, but of practical realism. Far from being the pious injunction of a Utopian dreamer, love is an absolute necessity for the survival of our civilization. To return hate for hate does nothing but intensify the existence of evil in the universe. Someone must have sense enough and morality enough to cut off the chain of hate and evil, and this can only be done through love.

-Martin Luther King Jr.

BIRTHDAYS IN OUR CHURCH FAMILY



- January 1 Travis Kiviranna
 - 3 Michele "Mimi" Wilson
 - 6 Thomas Ladlee Trey Mostert Dalilah Synan
 - 9 Scarlett Cantwell Tucker
 - 12 Wendy Ladlee John Pawlikowski
 - 13 Alyssa Gioffe
 - 14 Adrianna Merino
 - 15 Lily Cantwell Sarah Hooker
 - 16 Curt Beall
 - 18 Grace Calouri
 - 20 Josephine Kelly Steve McKeegan
 - 24 Amanda Palmer Sophia Wakin
 - 26 Kyrra Howard Samantha Howard
 - 28 David Raber
 - 29 Matthew Kilmer

Olivia Wakin Julia Ward

- 30 Linda DeWitt Vicki Noble Robert Barrett
- 31 Connie Beall Kevin Sullivan



If your birthday is missing from this list or you know of someone in the church family who has a birthday not shown here, please contact the church office. Thank You!



- February 4 Joyce Manning Joan Verspoor
 - 5 Marilyn Wickham Declan Newman Elizabeth Gorsch
 - 14 Kathy Sullivan
 - 15 Owen Haight Dylan Nealis
 - 16 Betty Ann Clark Kelsey Little
 - 17 Mary Schmitt
 - 18 Jane Curley Eustis Jackie Gibson
 - 19 George Thompson
 - 22 Augustin Delos Weinstein
 - 23 Cindy Mostert
 - 24 Amber Magyar
 - 26 Aimee Mignier Celia Helen Rosa
 - 27 Tammi Tully
 - 28 Courtney Kilmer
 Carson King
 Cody LaFever
 Ken Schermerhorn



- March 2 Leslie Mignier
 - 4 Robert Wilklow
 - 6 Tatum Kilmer
 - 7 Colin Eustis
 - 9 Nathan Mackey
 - 10 Caroline Hull Oliver Hull Anna Reinshagen
 - 12 Allison Noble



	Sunday		Monday	-	Tuesday	V	Vednesday	1	Thursday		Friday	5	Saturday
9:30 am 10:30 am	New Year's Day Deacons Meeting Worship with Communion	2 8:00 am 9:00 am	Newsletter Deadline Little Inspirations Kirk work day	3 8:00 am 3:00 pm	Little Inspirations Girl Scouts	4 8:00 am 10:30 am	Little Inspirations Gentle Yoga	5 8:00 am 9:00 am	Little Inspirations Kirk Work Day	6 8:00 am 9:00 am	Little Inspirations Kirk Thrift Shoppe Open	7 9:00 am 10:00 am	Kirk Thrift Shoppe Open Fit to be Tied Yoga
8 10:30 am	of Officers	9 8:00 am 9:00 am 5:30 pm	Annual Report Deadline Little Inspirations Kirk work day Session Meeting	10 8:00 am	Little Inspirations	11 8:00 am 10:30 am 5:00 pm	Little Inspirations Gentle Yoga Bell Choir Rehearsal	12 8:00 am 9:00 am	Little Inspirations Kirk Work Day	13 8:00 am 9:00 am	Little Inspirations Kirk Thrift Shoppe Open	14 9:00 am 10:00 am	Kirk Thrift Shoppe Open Fit to be Tied Yoga
9:45 am 9:45 am 10:30 am	Choir Rehearsal Sunday School Worship	16 Martin Li 9:00 am 6:30 pm	Office Closed uther King Jr. Day Kirk work day MWS Committee Meeting	17 8:00 am 3:00 pm	Little Inspirations Girl Scouts	18 8:00 am 10:30 am 5:00 pm 6:30 pm	Little Inspirations Gentle Yoga Bell Choir Rehearsal Trustees Meeting	19 8:00 am 9:00 am	Little Inspirations Kirk Work Day	20 8:00 am 9:00 am	Little Inspirations Kirk Thrift Shoppe Open	21 9:00 am 10:00 am	Kirk Thrift Shoppe Open Fit to be Tied Yoga
22 9:45 am 10:30 am 11:30 am	Choir Rehearsal Worship Annual Congregational Meeting	23 8:00 am 9:00 am	Little Inspirations Kirk work day	24 8:00 am	Little Inspirations	25 8:00 am 10:30 am 4:00 pm 5:15 pm	Little Inspirations Gentle Yoga Kirk Meeting Bell Choir Rehearsal	26 8:00 am 9:00 am	Little Inspirations Kirk Work Day	27 8:00 am 9:00 am	Little Inspirations Kirk Thrift Shoppe Open	28 9:00 am 10:00 am	Kirk Thrift Shoppe Open Fit to be Tied Yoga
9:45 am 9:45 am 10:30 am 11:30 am	Bountiful Giving Sunday Choir Rehearsal Sunday School Worship Congregational Meeting Rain Date	30 8:00 am 9:00 am	Little Inspirations Kirk work day	31 8:00 am 3:00 pm	Little Inspirations Girl Scouts								



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	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	,		,	8:00 am Little Inspirations 10:30 am Gentle Yoga 5:00 pm Bell Choir Rehearsal	2 8:00 am Little Inspirations 9:00 am Kirk Work Day	8:00 am Signature Little Inspirations Kirk Thrift Shoppe Open	9:00 am Kirk Thrift Shoppe Open 10:00 am Fit to be Tied Yoga
5 9:30 am 9:45 am 10:30 am	Deacons Meeting Choir Rehearsal Worship	8:00 am Little Inspirations 9:00 am Kirk work day 5:30 pm Session Meeting	7 8:00 am Little Inspirations	8:00 am Little Inspirations 10:30 am Gentle Yoga 5:00 pm Bell Choir Rehearsal	9 8:00 am Little Inspirations 9:00 am Kirk Work Day	10 8:00 am Little Inspirations 9:00 am Christ Shoppe Open	9:00 am Kirk Thrift Shoppe Open 10:00 am Fit to be Tied Yoga
12 9:45 am 9:45 am 10:30 am	Sunday School Choir Rehearsal Worship	13 Valentine's Day 8:00 am Little Inspirations 9:00 am Kirk work day	14 8:00 am Little Inspirations 3:00 pm Girl Scouts	8:00 am Little Inspirations 10:30 am Gentle Yoga 5:00 pm Bell Choir Rehearsal Trustees Meeting	16 8:00 am Little Inspirations 9:00 am Kirk Work Day	17 8:00 am Little Inspirations 9:00 am Kirk Thrift Shoppe Open	9:00 am Kirk Thrift Shoppe Open 10:00 am Fit to be Tied Yoga
19 9:45 am 10:30 am	Choir Rehearsal Worship	20 Office Closed Presidents' Day 8:00 am Little Inspirations 9:00 am Kirk work day 6:30 pm MWS Committee Meeting	21 Newsletter Deadline 8:00 am Little Inspirations	8:00 am Little Inspirations 10:30 am Gentle Yoga 4:00 pm Kirk Meeting 5:00 pm Bell Choir Rehearsal	23 8:00 am Little Inspirations 9:00 am Kirk Work Day	24 8:00 am 9:00 am Little Inspirations Kirk Thrift Shoppe Open	25 9:00 am Kirk Thrift Shoppe Open 10:00 am Fit to be Tied Yoga
26 9:45 am 9:45 am 10:30 am	Bountiful Giving Sunday Sunday School Choir Rehearsal Worship	27 8:00 am Little Inspirations 9:00 am Kirk work day	28 8:00 am Little Inspirations 3:00 pm Girl Scouts	March 1 8:00 am Little Inspirations 10:30 am Gentle Yoga 5:00 pm Bell Choir Rehearsal	March 2 8:00 am Little Inspirations 9:00 am Kirk Work Day	March 3 8:00 am 9:00 am Little Inspirations Kirk Thrift Shoppe Open	March 4 9:00 am Kirk Thrift Shoppe Open 10:00 am Fit to be Tied Yoga